

Friends of the Israel Defense Forces

FIDF

FRIENDS OF THE IDF

ידידי צה"ל בארה"ב



SPIRIT PROGRAM

*A Revitalizing
Vacation*

Give the Soldiers a Minute to
Put the Frontlines Behind Them



What is SPIRIT?

IDF combat soldiers spend their days doing strenuous training and taking on the difficult task of protecting Israel at its many fronts. Their days are long with often little sleep and grueling training in Israel's various climates, nuanced missions in dangerous locations and standing guard at Israel's borders to ensure Israel's safety, regardless of the many risks this poses. These men and women need time to rest, time to regain their strength and time to breathe.

FIDF's SPIRIT Program was created to address these very needs, affording hardworking men and women respite and providing a week of relaxation to rejuvenate their energies. Soldiers visit one of several FIDF-sponsored resorts throughout the country, lounging in the sun, swimming in the pool, playing a variety of games with their fellow soldiers and eating.

The experience not only gives them a chance to have a little fun, it strengthens the bonds between them as, for the first time, soldiers serving in the same unit together can also enjoy recreational time together. The SPIRIT program also gives us a chance to show these heroic men and women how much we appreciate them.



How do we do it?

The state-of-the-art Rest and Recreation Center was built with many of the amenities these young soldiers enjoy including:

- All-inclusive meals and snacks
- Air-conditioned rooms with cable TV
- Swimming pools
- Interactive games and dance halls
- Internet rooms
- Movie theatres
- Sports courts and equipment
- State-of-the-art auditoriums
- Entertainment crews throughout the day
- Nightly entertainment by popular Israeli artists

How can you help?



Cost per soldier per week
at the center:

\$150

Cost for sponsoring an
entire unit for a week:

\$60,000

Sponsors funding an entire unit for a week will be acknowledged with a banner hung at the facility while personal postcards and pictures will be given to donors from each soldier at the end of the soldiers' stay. Additionally, the donors can visit the soldiers they have supported and show their dedication in person.

“To know that there are people out there in the world who care and they're donating so that we can have this week of relaxation, it's really a great feeling and it's what keeps me going.”

- Soldier from Nachshon Brigade



“To be able to have an opportunity to sit at the pool with our friends and hang out, it really means the world to us and we're so appreciative.”

- Soldier from Nachal Brigade

“As a commander, my greatest joy is to see the combat soldiers receiving a moment of relaxation and peace here in the Recreation Center of Ashkelon.”

- Lt. Col. V, Nachshon Brigade



FIDF initiates and helps support social, educational, cultural and recreational programs and facilities for the young men and women soldiers of Israel who defend the Jewish homeland. FIDF also provides support for the families of fallen soldiers.



“The soldiers slept as they hadn't slept for ages, sang until they lost their voices and managed to forget the difficult and demanding reality in which they usually work.”

- Col. R (Infantry Commander in Nachal Brigade)

We welcome your support
call Toll-Free: **1.888.318.3433** or
go to our website: **www.fidf.org**



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Their Job is to Look After Israel.
Ours is to Look After Them.